

CIEH Principles of COSHH

Level 1 Health & Safety qualification

Principles of COSHH is a stand-alone level 1 qualification, which complements the CIEH Foundation Certificate in Health and Safety programme. It is aimed at those who use substance hazardous to health at work and introduces students to the hazards associated with those substances, the risks and controls available and what to expect from a COSHH assessment.

Successful completion will prepare students to look carefully at their own work activities and contribute to the safer use of hazardous substances in co-operation with their managers and supervisors.

While this unit of study can be delivered as a stand-alone qualification and there are no specific pre-requisites, it is strongly recommended that students should already hold the CIEH Foundation Certificate in Health and Safety.

Topic areas covered

- Definition and types of substances hazardous to health in the workplace.
- Health effects of hazardous substances and their causes.
- COSHH assessments and control options.
- Responsibilities imposed by the Control of Substances Hazardous to Health Regulations 1999.

Objectives

By the end of the programme the student will be able to:

- i) explain what is meant by the term 'substance hazardous to health' and give examples.
- ii) explain how hazardous substances can cause ill-health and injury and give examples.
- iii) state the different ways in which hazardous substances may be identified.
- iv) state the principles for controlling substances hazardous to health and apply these in a practical context.
- v) demonstrate a general understanding of the value and purposes of conducting a COSHH assessment and what employees can expect

of such assessments.

- vi) demonstrate an understanding of the main provisions of the Control of Substances Hazardous to Health Regulations 1999.

The programme is designed to be delivered in 2-3 hours and assessment is by means of a short objective test of 20 questions.

Training Materials

A tutor training resource package has been specifically designed to assist trainers to deliver the course. The resource package contains:

- detailed session plans, with training tips and guidelines for stimulating interest and involvement
- CD-ROM with PowerPoint presentation for use on PCs, containing a full set of text and graphic slides. These may be used as a presentation from the CD-ROM, or printed onto acetates. You will not require additional software to run the presentation, although to amend the presentation you will require PowerPoint version 4.0 or a later edition
- black and white paper masters, including several graphic images, which can be copied onto acetates as necessary
- 5 laminated graphic images illustrating a variety of workplace environments, for use in exercises and for stimulating discussion.

The training resource package costs £46.00 + £6.00 p&p + £9.10 VAT = £61.10 total.

All training centres and tutors registered to deliver the CIEH Foundation Certificate in Health and Safety in the Workplace are automatically eligible to deliver this course.

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